

Volunteer Opportunities in Dental & Periodontal Societies

Steven E. Schonfeld, DDS, PhD
himself@gumdoc.com

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- HDNDS: CE Chair, Webmaster, Officer
- CDA: Council, Committees*, Delegate, BOT
- ADA: Council, Committees, Delegate
- CSP: BOD, Officer
- AAP: Committees*

*including Screening/LDQC

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Why Volunteer?

- Keep current on events affecting our profession
- Raise your profile with referring doctors
- Satisfaction of giving back to your profession
- Opportunity to work with colleagues from around the state/nation
- Work to promote/enhance our specialty

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Why Volunteer?

“I got way more out of volunteering than I gave.”

“I especially value the friendships I made.”

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Where?

- **Local Dental Society**
 - ▶ Committees, Officer
- **State Dental Society**
 - ▶ Delegate, Committees, Councils, BOT, Officer
- **ADA**
 - ▶ Committees, Councils, Delegate, BOT, Officer
- **Local/State Perio Society**
 - ▶ Committees, Officer
- **AAP**
 - ▶ Committees, BOT, Officer

How to Become Active

- Contact people who are active in the organization you are interested in.
 - ▶ Local - Officer
 - ▶ State - Trustee, Council/Committee Chair, Officer
 - ▶ National - Trustee, Officer
- Volunteer for any assignment you think you can do a good job with.
- Be a periodontist!
 - ▶ Once you get a reputation for doing a good job, you will be asked to do more.
 - ▶ The worst thing you can do is take on an assignment and fail to deliver.

How to Become Active

Nominated or Self-Nomination

- Understand what you are volunteering for
- Determine the correct steps by contacting the organization
- Provide all information asked for on the forms
- Pay special attention to stating why you want to volunteer for a particular position and why your background makes you a good choice
- Prepare a Curriculum Vitae (C.V.)

How to do a C.V.

<http://www.gumdoc.com/CV.pdf>

- University Education
- Academic Appointments (if any)
- Honors, Awards, Fellowships (if any)
- Board Certification & Licensure
- Military Service (if any)
- **Activities in Professional or other volunteer Organizations**
- Courses Taught (if any)
- Publications (if any)

Get Involved!

Steps

- Understand the commitment and make sure you have the ability and time to do it.
- Make it easy for the selection committees
 - ▶ Complete all forms
 - ▶ State your qualifications
 - ▶ Do a CV (if requested)